

Seasonal painting workshop with Sally Martin

This is the first of a series of workshops in Perth, each deeply related to the time of year. The first, in March 2013, focuses on autumn.

Perth Waldorf School, Gwilliam Drive, Bibra Lake.

Friday 15th March, 7-9pm

Saturday and Sunday, 16th & 17th March, 9am-4pm.

In addition to the outer observable phenomena of nature, we will explore the soul's participation through the seasons together with the earth as a living 'breathing' being. We take as our starting point Rudolf Steiner's Soul Calendar which takes us on a unique inner and outer journey of soul and spiritual development. As we practice observing light, darkness, warmth and colour in nature something of a cleansing of the senses occurs. Our soul becomes more awake and refreshed. Working with pictures from the Soul Calendar will inspire and activate a realization of our interconnectedness with our fellow human beings, and with the earth, the cosmos and with spiritual beings. Many things and events in life will come into a new perspective. Prepare to increase your powers of observation and to wonder at what you will begin to see.

Techniques used

You will be translating your inner and outer observations into charcoal and watercolour exercises. The watercolour exercises will be in moist-on-moist techniques and especially veil painting.

Sally Martin

Sally Martin is the founder of the Sienna Academy in Mapleton Queensland, whose first principle is the relationship between colour and spiritual striving. Sally has taught artistic courses in Australia and abroad. She runs a Foundational Arts Course, a four-year Therapeutic Art Training and weekend workshops based on the insights of Rudolf Steiner and the Liane Collot d'Herbois approach. Sally is an art therapy practitioner. For more information please see the Sienna Academy website: www.siennaacademy.com.au

Cost (includes materials): \$275 Refreshments will be provided.

Lunch is available at a small cost; please order before Tuesday 12th March on 93311791.

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