

Therapeutic Art Training - Sienna Academy

Training to become a Painting Therapist in the Liane Collot d'Herbois method, involves a multi-layered journey. Developing 'new eyes' for seeing is the starting point. The seeing is on many different levels both outer and inner. The foundation of the work is laid through the practice of twelve light and darkness exercises and their corresponding colour pictures.



Daily lectures and discussion bring alive insights given by Rudolf Steiner about the Human Being.

All of the above, together with medical lectures and case studies, help each person to go on their own healing journey; a necessary prerequisite for being able to work effectively with others.

The students own practise at home involves daily painting, charcoal work, observation exercises, meditation, study and written assignments.

Graduates receive a diploma which qualifies them to work as a Therapeutic Artist trained in the Liane Collot d'Herbois method.

The Training is accredited by iARTE (International Association of Anthroposophic Arts Therapies Educations - formerly European Academy) which is an evaluation and quality assurance body of the Medical Section at the Goetheanum, Dornach, Switzerland.

Dates 2023

On-Line Modules

For students unable to travel

March 27 - April 14 Vermilion
April 17 - May 5 Green

Sept. 11 - 29 Yellow
Oct. 2 - 20 Indigo

Flaxton On-Site modules

April 3 - 14 Vermilion
April 17 - 28 Green

Sept. 18 - 29 Yellow
Oct. 2 - 13 Indigo

Dates 2024

On-Line Modules

For students unable to travel

March 25 - April 12 Light & Darkness
April 15 - May 3 Magenta

Sept. 16 - Oct. 4 Carmine Red
Oct. 7 - 25 Cobalt Blue

Flaxton On-Site modules

April 1 - 12 Light & Darkness
April 15 - 26 Magenta

Sept. 23 - Oct. 4 Carmine Red
Oct. 7 - 18 Cobalt Blue



Teaching Venue:
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